

Affordable and Sustainable Health Care Project

NEWSLETTER – Assembly 6 – December 1, 2006

On December 1, 2006 - 75 people of different ages and representing different stakeholders gathered at the King Arts Complex to continue the journey of discovering Affordable and Sustainable Health Care for all in Franklin County. Our purpose was to:

- *Ground all participants in the work thus far and in the purpose of the health care system we desire for our community*
- *Advance the four priority questions (we collectively identified at the last assembly) to their next level (projects, next questions, activities, learning)*
- *Continue to build individual/community capacity to solve problems in a new and better way*
- *Hear the assembly's thoughts on next steps, and to assure clarity for future communications, interpretation, and the emerging path*

The four priority questions we collectively identified were.....

- *What could/should be the specific actions and features of a system based on wellness rather than illness?*
- *How can we motivate people to take personal responsibility for improving their health status?*
- *What are the Social Contracts required for Affordable and Sustainable Health Care?*
- *What are the potential revenue streams available for Affordable & Sustainable Health Care?*

Those attending were asked to follow their passions to one of the 4 priority areas identified at the last assembly. In their groups, they answered the following questions:

- How does our question advance our purpose of the health care system - to provide affordable & sustainable health care that supports optimal health & wellness for everyone in our community?
- What do we need to do to advance our question to its next level? What projects, activities, learning have the greatest potential to move this forward?
- What wise actions are we going to take to move these projects, activities, learning forward? How are we going to organize around those wise actions?

Over 100 ideas were generated that could help advance the questions to their next levels. There were twelve major areas where the ideas that emerged crossed over two or more of the groups that were meeting.

- Research Revenue Sources
- Map Wellness Function Resources
- Define Basic Healthcare
- Education Infrastructure
- Research on Social Contracts
- Neighborhoods/Communities
- Research on Motivation & Incentives
- Research on Success Stories
- Insurance Reform
- Advocacy
- Personal Health Record
- Access

In five of these areas, groups developed action plans that included next steps. The groups began to self organize around those actions steps.

On the following page are those five areas and the projects that were defined in those areas, across the four groups, as well as other ideas that emerged around those areas.

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THEME	Projects That Were Defined	Other Ideas That Emerged
RESEARCH REVENUE SOURCES	<ul style="list-style-type: none"> ● Inventory Existing & Potential Revenue Sources - review & assess existing inventories 	<ul style="list-style-type: none"> ● Identify Partners & Revenue Streams – develop new streams/rework old streams of revenue for developing wellness.
MAP WELLNESS FUNCTIONS RESOURCES	<ul style="list-style-type: none"> ● Identify health & wellness functions -identify opportunities to redirect dollars ● Map resources - categorize & catalogue current wellness initiatives, resources, assets ● Prevention Services - listing of preventative services 	
EDUCATION INFRA-STRUCTURE	<ul style="list-style-type: none"> ● Find revenue to mandate Pre-K – 12th education & integrated mandated health care - look at other states; approach new administration & legislation – fund school based clinics ● Peer Health Advocates for the Community - identify sources for funding; locations where education is more effective - schools, doctor offices 	<ul style="list-style-type: none"> ● What Can Be Done In Education/Awareness? – get the community to realize & admit that they need to take responsibility
NEIGHBORHOODS	<ul style="list-style-type: none"> ● What can be done in neighborhood & communities? ● Identify role of government city planning & programming around the purpose statement. ● Organize community around wellness ● Built Environment: Improve community environments to support wellness activities and healthy lifestyles 	<ul style="list-style-type: none"> ● Strengths in Communities – Personal Inventory – conduct personal inventories to build on strengths of a neighborhood
RESEARCH ON MOTIVATION & INCENTIVES	<ul style="list-style-type: none"> ● What does motivation, incentives, disincentives mean for health & wellness? 	<ul style="list-style-type: none"> ● Incentive - incentives needed to support the desired changes, i.e. positive insurance premiums; ½ day off for meeting health goal; neighborhood safety strategies. ● Health/Wellness Education Influence People Action

If you have questions for the Core Hosting Group on how to get involved or would like to share ideas about your emerging activities, please email us at ashc@ashcproject.net.

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Stay tuned for future community activities hosted by the Core Hosting Group. Visit our website at www.ashcproject.net for the full report from Assembly 6, the history of the project, and updates for future community activities.