

OUR OPTIMAL HEALTH

Update – March 2008

You have not heard from us in awhile but we continue to be committed to this work. It took decades to create our health system and we are not daunted by 'fits and starts' of trying to create some thing new...we are in it for long haul. Next step in the process is a new strategic plan...

Our Optimal Health is addressing the need for new approaches to the provision of health care in Franklin County (Ohio). The project is fostering a community dialogue that will identify innovations to assure the delivery of affordable and sustainable health care to our community.

Our Situation

- We have no health care "system"
- What we do have is not sustainable
- Every party feels like a victim
- No one feels empowered to act on changing the whole

Our Opportunity

- Coordinate & strengthen the existing safety net (incremental change)
- Create a space to reach agreements to rationalize competition (incremental change)
- Increase individual capacity for innovation (fundamental shift)
- Co-create systemic innovations (fundamental shift)

Our Challenge

"To create fundamental shift-while supporting incremental change".

We are excited to share what is emerging for 2008. The 2008 strategic plan is a result of the learning that occurred with the community over the past year.

Our Optimal Health 2008 Strategic Plan

The Community's Vision **(what is desired for our community)**

*The purpose of the health care system is to provide **affordable & sustainable** health care that supports **optimal health** & wellness **for everyone** in our community.*

Our Mission **(why Our Optimal Health exists)**

*To **connect** conversations, **support** collective actions, and **advance learning** to achieve the community's vision.*

Our Optimal Health Principles

- We believe that it makes sense to bring stakeholders together in conversation to co-create and co-learn when seeking new solutions for the common good.
- We respect and honor the perspective of everyone in our community.
- We create opportunities for all perspectives to be shared/heard.
- We trust the collective wisdom of our community.
- We continually evaluate what we learn and achieve.

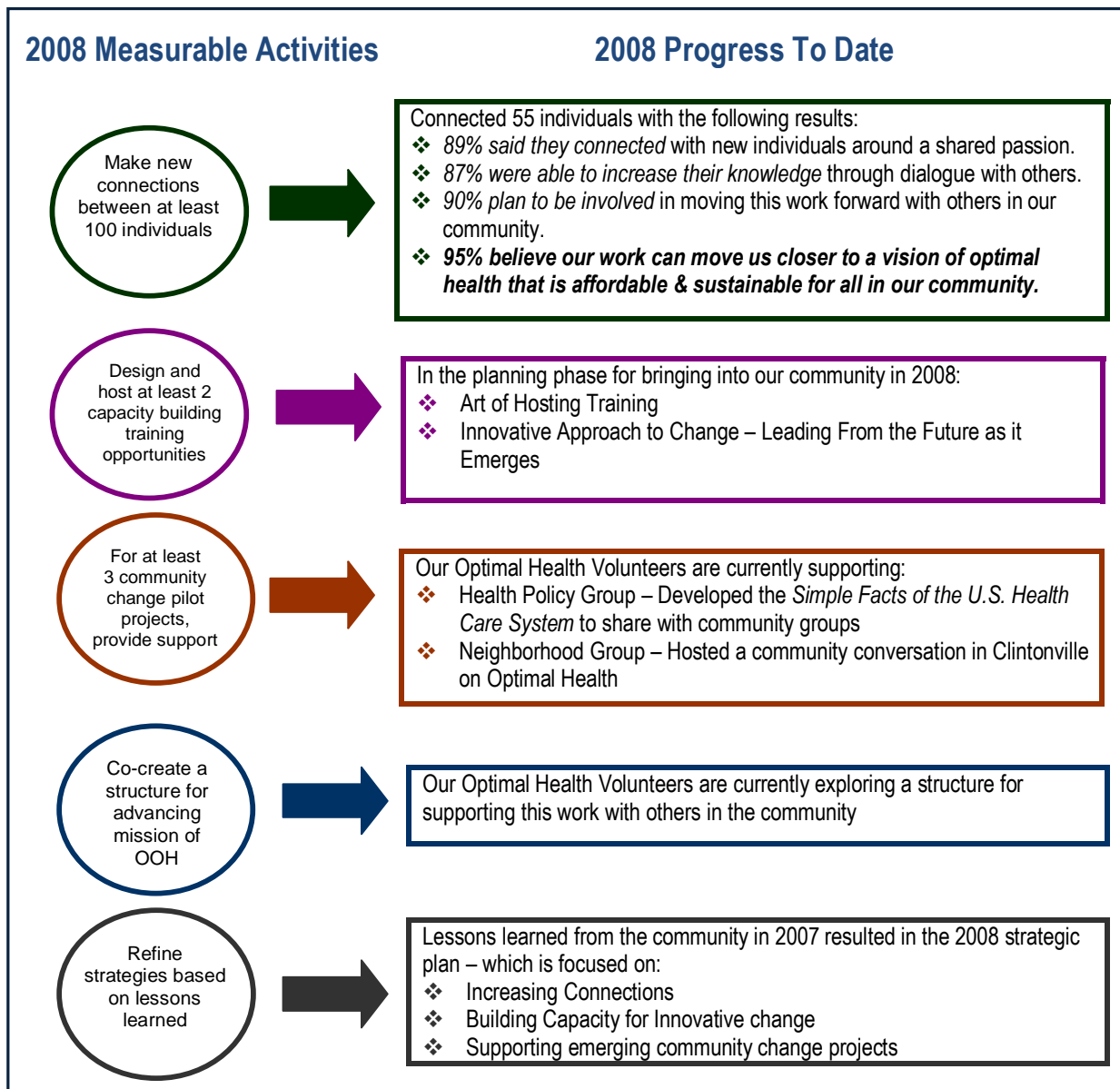
Our Optimal Health Priorities

Our Optimal Health believes our collective community holds the answer(s) to shifting the health care system for our community and that we should work together and invest resources in:

- Increasing Connections:** *OOH will create the conditions necessary to connect people, organizations, ideas, technologies and possibilities around the community's vision.*
- Building Capacity for Innovation and Change:** *OOH will convene learning sessions to build new capacity in our community for solving complex, systemic problems.*
- Supporting Emerging Community Change Projects:** *OOH will create a "living" learning lab in Franklin County by incubating ideas and innovative projects that can fundamentally shift the health care system.*

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Our Optimal Health Volunteers:

- Jeff Biehl
- Phil Cass
- Debbie Crawford
- Kevin Dixon
- Jerry Friedman
- Matt Habash
- Tuesday Ryan-Hart
- Deb Helber
- Sandy Huntzinger
- Kim Keinath
- Bill Kumler
- Marc Parnes
- Malcolm Porter
- Michelle Vander Stouw
- Bruce Wall
- Donna Woods

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